

APRIL 2022

WELLNESS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PREPARING FOR THE FUTURE				1 Stay safe and healthy to get ready for finals!	2 3L May Graduates: Complete the Career Services Exit Survey and Exit Interview by April 18 th .	3 Study in 3-4 hour study sessions to build up your exam-day stamina.
4 For practice essay or multiple-choice questions, review the answer afterwards.	5 Write down something you are grateful for.	6 Need help creating a study routine? Academic Support is here to help!	7 Virtual Event: Technology's Impact on Attorney Wellness 11:30 AM – 1:20 PM CST	8 Aggie Ring Day Ceremony for eligible students.	9 Need financial help? The SAP offers a free 30-minute consultation with a financial counselor.	10 Check out how mindfulness is a tactic for being successful in the legal industry.
11 Switch between studying your outline and doing practice questions.	12 Webinar: The Road to Licensure 11 AM CST	13 Start networking after your 1st year! Work with Career Services on your profile.	14 Talk with your loved ones about your schedule and workload during this busy time.	15 No classes for JD and all graduate programs!	16 Graduating students: update your contact information at aggienetwork.com	17 Study in 3-4 hour study sessions to build up your exam-day stamina.
18 Last day of classes for the JD and Fort Worth graduate programs!	19 Connect with free counselors - Student Assistance Program (SAP) Call: 855-270-3349	20 Reach out to someone with a supportive message.	21 Memorize rules, even if your exam is open-book.	22 Make sure EBB is up-to-date .	23 Update your LinkedIn profile so potential employers can learn about your achievements.	24 Last day of classes for San Antonio M.Jur. and distance ed. programs!
JD Finals Begin 25	26 Webinar: The Road to Zero: A Strategic Approach to Student Loan Repayment 5 PM CST	27 TLAP provides peer support & crisis counseling. Call or text: 800-343-8527	28 Take a break from studying to walk around the room and look outside.	29 Use headings to help organize your essays.	30 Final filing deadline to register for the July bar exam is May 1, 2022.	

EVENTS

- 4/7 - **Virtual Event: Technology's Impact on Attorney Wellness** -11:30 AM – 1:20 PM CST
- 4/12 - **Webinar: The Road to Licensure** -11 AM CST
- 4/26 - **Webinar: The Road to Zero: A Strategic Approach to Student Loan Repayment**- 5 PM CST

WELLNESS PROGRAM

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Schedule a meeting:
<https://calendly.com/apawlowski>